



## Measuring Guide

### Waist (At top of waistband)

Measure from one end of the waistband to the other with the garment laid down flat.

### Hip (15cm below waistband)

Measure across the width of the garment at 15cm below the waistband with the garment laid down flat.



APTUS Performance Football Short  
Code: AAAA112274

## APTUS Performance Football Short

To fit (Inches)	18/20"	22/24"	26/28"	28/30"	30/32"	34/36"	38/40"	42/44"
Waist (cm)*	23.4	27	31.9	34.5	37.1	42.3	47.5	52.7
Hip (cm)*	42.4	46	50.9	53.5	56.1	61.3	66.5	71.7

**\*Please note these are garment measurements - NOT body measurements.**

PLEASE NOTE THAT GARMENT MEASUREMENTS AND SIZE ARE A GUIDELINE TO BRITISH STANDARD SIZING.